

"Get Into Shape with a Health and Safety Class"

Are you a college student at home for the summer or a parent/adult that wants to become more involved and educated in service? If so, the American Red Cross has a number of Health and Safety classes being held throughout the month of July that you can participate in.



July Classes:

1. Adult CPR and AED
2. Adult and Child CPR/AED
3. Babysitter Boot Camp
4. Babysitter's Training - One Day Course

Click [here](#) for a complete list of classes being offered throughout July.

For more information on Health and safety classes and services, call 205-458-8264.